


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>109 North Keene Street Columbia, MO 65201 573-443-2007</p>		Location Keys Activity Room AR Atrium AT Chapel CH Dining Area DN Game Room GR TV Room TV		Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well		9:30 ♥ Cardio 10:30 ♪ Drumming 10:30 🚶 Walking Club 11:00 🏠 Billiard Play [GR] 11:00 🍷 Lunch @ Senior Center 3:00 🦋 Adult Coloring [AR] 7:00 🦋 Late Night Bingo [TV]	9:30 ♥ Sit and Dance [AR] 10:00 🍷 Donuts and Coffee [AR] 11:00 🚶 Walking Club 2:00 🦋 Music w/ Banastre [AT] 3:00 🏠 Quiddler [AR] 7:00 🎬 Let's go to the Movie [TV]
Daylight Saving Time Begins 3 9:30 ♥ Exercise Video [AR] 10:00 🚶 Bus to Methodist 10:00 ☆ Worship Service w/ Mr. LaMar [CH] 11:00 On the Go Trivia 2:00 ☆ Gospel Sing Along w/ Mr. Carl Glover [AR] 3:30 🦋 Cookies and Cocoa [AR] 6:45 ☆ Church Service [CH]	Happy Birthday Joe Pizzat! 4 9:30 ♥ Exercise Video 9:30-4 📺 Solstice Shuttle [AR] 10:30 ♥ Nail Bar [AR] 11:00 🚶 Walking Club 12:30 🦋 Sit Somewhere New Meet Someone New [DN] 2:00 🦋 Bingo [AR] 2:00 ♥ Nail Bar [AR] 6:30 🏠 Puzzle Fun	Election Day 5 9:30-4 📺 Solstice Shuttle [AR] 9:30 ♥ Strength Training w/ Legacy [AR] 10:00 🏠 Washers [AR] 11:00 🚶 Walking Club 2:00 🏠 Farkle Party [AR] 2:00 Quiddler [AR] 2:00 🎤 Sunshine Singers 4:00 🏠 On the Go Crosswords [AR] 7:00 🎬 Let's go to the Movie [TV]	9:30 ♥ Yoga [AR] 11:00 🚶 Walking Club 2:00 🚶 Apartment Safety w/ Legacy [AR] 3:00 🏠 Dominoes 4:00 🏠 Social Hour [AR] 6:30 ☆ Bible Study/ Redeemer Presb. [CH] 7:00 🏠 On the Go Word Search Fun [AR]	Happy Birthday Ann Orscheln! 7 9:30 ♥ Exercise w/ Bands [AR] 9:30-4 📺 Solstice Shuttle [AR] 10:00 🏠 Washers [AR] 11:00 🚶 Walking Club 2:00 🎮 Bingo [AR] 7:00 ☆ Bible Study :The Purpose Driven Life w/ Mr. Lamar [CH] 7:00 🦋 Poker Night [GR]	9:30 ♥ Cardio 10:30 ♪ Drumming 10:30 🚶 Walking Club 11:00 🏠 Billiard Play [GR] 2:00 📺 Artichoke Annie Antique Mall 3:00 🦋 Adult Coloring [AR] 7:00 🦋 Late Night Bingo [TV]	MU vs Georgia 9 9:30 ♥ Sit and Dance [AR] 10:00 🍷 Donuts and Coffee [AR] 11:00 🚶 Walking Club 2:00 🦋 Music / BJ Davis [AT] 3:00 🏠 Quiddler [AR] 7:00 🎬 Let's go to the Movie [TV]	
9:30 ♥ Exercise Video [AR] 10 10:00 🚶 Bus to Methodist 10:00 ☆ Worship Service w/ Mr. LaMar [CH] 11:00 On the Go Trivia 2:00 ☆ Gospel Sing Along w/ Mr. Carl Glover [AR] 3:30 🦋 Cookies and Cocoa [AR] 6:45 ☆ Church Service [CH]	Veterans Day 11 9:30 ♥ Exercise Video 9:30-4 📺 Solstice Shuttle [AR] 11:00 🚶 Walking Club 12:30 🦋 Sit Somewhere New Meet Someone New [DN] 2:00 🦋 Bingo [AR] 6:30 🏠 Puzzle Fun	9:30-4 📺 Solstice Shuttle [AR] 12 9:30 ♥ Strength Training w/ Legacy [AR] 10:00 🏠 Washers [AR] 11:00 🚶 Walking Club 1:30 🦋 Music w/ Sue and Llsa [AT] 2:00 🦋 Karaoke [AR] 2:00 Quiddler [AR] 3:00 🍷 Food Committee Meeting 4:00 🏠 On the Go Crosswords [AR] 7:00 🎬 Let's go to the Movie [TV]	9:30 ♥ Yoga [AR] 13 10:00 ♥ Blood Pressure Checks [AR] 10:30 ☆ Catholic Service [CH] 11:00 🚶 Walking Club 11:30 🎤 Music w/ MUMC [AT] 2:00 Resident Meeting [AR] 3:00 🏠 Dominoes 4:00 🏠 Social Hour [AR] 7:00 Mennonite Singers 7:00 🏠 On the Go Word Search Fun [AR]	9:30 ♥ Exercise w/ Bands [AR] 14 9:30-4 📺 Solstice Shuttle [AR] 10:00 🏠 Washers [AR] 11:00 🚶 Walking Club 2:00 🎮 Bingo [AR] 7:00 ☆ Bible Study :The Purpose Driven Life w/ Mr. Lamar [CH] 7:00 🦋 Poker Night [GR]	9:30 ♥ Cardio 10:30 ♪ Drumming 10:30 🚶 Walking Club 11:00 🏠 Billiard Play [GR] 2:00 📺 Runge Nature Center Jefferson City 3:00 🦋 Adult Coloring [AR] 7:00 🦋 Late Night Bingo [TV]	MU vs Florida 16 9:30 ♥ Sit and Dance [AR] 10:00 🍷 Donuts and Coffee [AR] 11:00 🚶 Walking Club 2:00 🦋 Music w/ Bernard Ross [AT] 3:00 🏠 Quiddler [AR] 7:00 🎬 Let's go to the Movie [TV]	
9:30 ♥ Exercise Video [AR] 17 10:00 🚶 Bus to Methodist 10:00 ☆ Worship Service w/ Mr. LaMar [CH] 11:00 On the Go Trivia 2:00 ☆ Gospel Sing Along w/ Mr. Carl Glover [AR] 3:30 🦋 Cookies and Cocoa [AR] 6:45 ☆ Church Service [CH]	Mickey Mouse Birthday 18 9:30 ♥ Exercise Video 9:30-4 📺 Solstice Shuttle [AR] 10:30 ♥ Nail Bar [AR] 11:00 🚶 Walking Club 12:30 🦋 Sit Somewhere New Meet Someone New [DN] 2:00 🦋 Bingo [AR] 2:00 ♥ Nail Bar [AR] 6:30 🏠 Puzzle Fun	9:30-4 📺 Solstice Shuttle [AR] 19 9:30 ♥ Strength Training w/ Legacy [AR] 10:00 🏠 Washers [AR] 11:00 🚶 Walking Club 2:00 🏠 Farkle Party [AR] 2:00 🦋 Music w/ the Joy Boys [AT] 2:00 Quiddler [AR] 3:00 🏠 Pottery Island [AR] 4:00 🏠 On the Go Crosswords [AR] 7:00 🎬 Let's go to the Movie [TV]	9:30 ♥ Yoga [AR] 20 10:30 ♥ File For Life [AR] 11:00 🚶 Walking Club 2:00 🍪 Cookie Corner & Story Telling [AR] 3:00 🏠 Dominoes 4:00 🏠 Social Hour [AR] 5:30 🎤 Stamp Club [AR] 7:00 🏠 On the Go Word Search Fun [AR]	Happy Birthday Robbie Glover! 21 9:30 ♥ Exercise w/ Bands [AR] 9:30-4 📺 Solstice Shuttle [AR] 10:00 🏠 Washers [AR] 11:00 🚶 Walking Club 2:00 🎮 Bingo [AR] 7:00 ☆ Bible Study :The Purpose Driven Life w/ Mr. Lamar [CH] 7:00 🦋 Poker Night [GR]	9:30 ♥ Cardio 10:30 ♪ Drumming 10:30 🚶 Walking Club 11:00 🏠 Billiard Play [GR] 11:00 🍷 Lunch Bunch Applebee's 3:00 🦋 Adult Coloring [AR] 7:00 🦋 Late Night Bingo [TV]	MU vs Tennessee 23 9:30 ♥ Sit and Dance [AR] 10:00 🍷 Donuts and Coffee [AR] 11:00 🚶 Walking Club 2:00 🦋 Music w/ Joe Fedl [AT] 3:00 🏠 Quiddler [AR] 7:00 🎬 Let's go to the Movie [TV]	
9:30 ♥ Exercise Video [AR] 24 10:00 🚶 Bus to Methodist 10:00 ☆ Worship Service w/ Mr. LaMar [CH] 11:00 On the Go Trivia 2:00 ☆ Gospel Sing Along w/ Mr. Carl Glover [AR] 3:30 🦋 Cookies and Cocoa [AR] 6:45 ☆ Church Service [CH]	Happy Birthday Alicia Molina! 25 9:30 ♥ Exercise Video 9:30-4 📺 Solstice Shuttle [AR] 11:00 🚶 Walking Club 12:30 🦋 Sit Somewhere New Meet Someone New [DN] 2:00 🦋 Bingo [AR] 6:30 🏠 Puzzle Fun	9:30-4 📺 Solstice Shuttle [AR] 26 9:30 ♥ Strength Training w/ Legacy [AR] 10:00 🏠 Washers [AR] 11:00 🚶 Walking Club 2:00 🎨 Painting w/ John [AR] 2:00 Quiddler [AR] 4:00 🏠 On the Go Crosswords [AR] 7:00 🎬 Let's go to the Movie [TV]	9:30 ♥ Yoga [AR] 27 10:00 ♥ Blood Pressure Checks [AR] 10:30 ☆ Catholic Service [CH] 11:00 🚶 Walking Club 2:00 🦋 Crafts [AR] 3:00 🏠 Dominoes 4:00 🏠 Social Hour [AR] 7:00 🏠 On the Go Word Search Fun [AR]	Happy Birthday Cliff Richardson! 28 Thanksgiving 9:30 ♥ Exercise w/ Bands [AR] 9:30-4 📺 Solstice Shuttle [AR] 10:00 🏠 Washers [AR] 11:00 🚶 Walking Club 2:00 🎮 Bingo [AR] 7:00 ☆ Bible Study :The Purpose Driven Life w/ Mr. Lamar [CH] 7:00 🦋 Poker Night [GR]	MU vs Arkansas 29 9:30 ♥ Cardio 10:30 ♪ Drumming 10:30 🚶 Walking Club 11:00 🏠 Billiard Play [GR] 2:00 📺 Afternoon Cruise 3:00 🦋 Adult Coloring [AR] 7:00 🦋 Late Night Bingo [TV]	Happy Birthday JoAnn Steele! 30 9:30 ♥ Sit and Dance [AR] 10:00 🍷 Donuts and Coffee [AR] 11:00 🚶 Walking Club 2:00 🦋 Music / Brenda Fike [AR] 3:00 🏠 Quiddler [AR] 7:00 🎬 Let's go to the Movie [TV]	